

FACT SHEET

Book List

Tweed Palliative Support and Wedgetail Retreat Hospice have an extensive library for clients' use. Helpful resources for children, teenagers and adults. The books below are widely available and may be helpful if you are a palliative care client, carer, health professional, family member or friend.

Care and Grief

After Life, After You: True Stories of Love, Grief and Hope By S.K Reid

Coping with Grief 4th EditionBy Mal & Dianne McKissock

Grief and Remembering: 25 Australians Tell it Like it is

By Allan Kellehear

In My Own Way
By Dianne & Mal McKissock

On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss

By Elisabeth Kubler-Ross & David A. Kessler

On Children And Death By Elisabeth Kubler-Ross

Stuck For Words - What to Say to Someone Who Is Grieving

By Doris Zagdanski

Teenagers And Grief

By Doris Zagdanski

The Grief Book: Strategies for Young People

By Elizabeth Vercoe The Grief of Our Children

By Dianne McKissock

Time to Listen (Originally published as "From the Other Side: How it Feels to be Young and Dying")

By Amber Turk and Margaret Brown

When a Man Faces Grief/A Man You Know is Grieving

By Thomas Golden and Jim Miler

33 Things To Say ... When You Know Someone Who Is Grieving

By Doris Zagdanski

Meditation for Self Care

Meditation Pure And Simple

By Dr Ian Gawler

Peace Of Mind

By Dr Ian Gawler

The Book Of Gentle Wisdom

By Allan Kellehear

Professionals

Bereavement Counselling: Guidelines for Practitioners

By Dianne & Mal McKissock

Grief Counselling And Grief Therapy

By J. William Worden

Palliative Care Nursing: A Guide to Practice 3rd Edition

Edited By:

Margaret O'Connor, Susan Lee and Sanchia Aranda

Professionals Cont'd

The Anatomy Of Bereavement - A Handbook For The Caring ProfessionsBy Beverley Raphael

Note:

Palliative Care Australia <u>www.palliativecare.org.au</u> has many booklets and resources available on their website.

Other Resources:

www.grief.org.au www.caresearch.com www.bereavementcare.com.au www.mygriefassist.com.au